

# Universal Design for Learning (UDL) Resources



## What is Universal Design for Learning (UDL)?

- \* **“Universal design for learning (UDL)** is a framework to improve and optimize teaching and learning for all people based on scientific insights into how humans learn.” [“About Universal Design for Learning,”](#) CAST
- \* **Readings**
  - \* [Connecting Universal Design for Learning with Culturally Responsive Teaching](#)
  - \* [Universal Design and Disability: Assessing Faculty Beliefs, Knowledge, and Confidence in Universal Design for Instruction](#)
  - \* [Engaging Learners in Online Environments Utilizing Universal Design for Learning Principles](#)
- \* **Recommended Strategies**
  - \* [Universal Design for Learning](#)
  - \* [The UDL Guidelines](#)
  - \* [Teaching Strategies that Employ the Universal Design for Learning](#)
  - \* [UDL-Aligned Strategies](#)
- \* **Websites & Online Resources**
  - \* [CAST](#)
  - \* [UDL Center](#)
  - \* [Universal Design: Think College](#)
  - \* [UDL in Higher Ed](#)